

# Brighten your Winter with CFR

Studies show there are FIVE key things that you can do with your young child that will help them be ready for kindergarten. Try out these activities and have fun!



## 5 Key Things



For each activity you complete, write in the date you completed it and your initials.

## TALK

Brrrr! Talk about your favorite three things to do when it's too cold to go outside.

Completed: \_\_\_\_/\_\_\_\_/\_\_\_\_

Initial: \_\_\_\_\_

## SING

Do you know a song about snow? Sing a tune you remember or make one up and sing it four times in a row.

Completed: \_\_\_\_/\_\_\_\_/\_\_\_\_

Initial: \_\_\_\_\_

## READ

Head to your local library to read a children's book about Martin Luther King Jr. in honor of MLK Day (Jan. 16)

Completed: \_\_\_\_/\_\_\_\_/\_\_\_\_

Initial: \_\_\_\_\_

## WRITE

WINTER starts with the letter W. Write down one word that starts with W and trace the letters with your child.

Completed: \_\_\_\_/\_\_\_\_/\_\_\_\_

Initial: \_\_\_\_\_

## PLAY

Pretend you're cooking a soup with your little one. Add your favorite ingredients and stir up something tasty!

Completed: \_\_\_\_/\_\_\_\_/\_\_\_\_

Initial: \_\_\_\_\_

## Chance to win a prize!

Once you've completed 3 or more activities, text the word 'READ' along with a picture of this sheet or your favorite coloring page to 833-329-5743 for a chance to win a \$50 gift card to a store of your choosing.

The deadline to enter the raffle is **February 10, 2023.**

Adult Name: .....

Child's Age: .....

Email: .....

